Dear Parents/Carers

Thank you to all those who attended the P&C meeting on Monday evening, 26 May. A big thank you also to those who helped out at the P&C working bee on our Outdoor Classroom and Science areas on Monday afternoon. You did a great job.

Congratulations to Annabelle Graham who represented our school at the District Inter-school Show Jumping Competition last Saturday. Annabelle came 6th in her division overall and will now go to the Wide Bay Regionals this weekend. We wish her all the best.

Don’t forget this Monday 09 June is the Queen’s Birthday public holiday. Have a great long weekend.

Regards

Mick Byrne
Principal

Parents/caregivers, please let the office know well before 2:30pm of any changes to transport arrangements for your students, unless of course it is an emergency. This gives office staff the best possible chance to let everyone concerned know of the changes. Thank you.

P & C NEWS
Special meeting re the management of Outside School Hours Care
As discussed at our last P&C meeting, a proposal has been put forward by P&C executive to outsource the management of the school’s Outside School Hours Care (OSHC) service. This proposal has not been made lightly but in the interests of maintaining a high quality, sustainable OSHC service at Pomona State School for many years to come. No firm decisions have been made on outsourcing at this stage but further discussions about this proposal will be held at a special meeting to be held in the school library from 6pm – 8pm on Wednesday 11 June. All interested parents / others are encouraged to attend. Please save any questions you may have for the night or direct these to a P&C executive member rather than a staff member of OSHC (who will not be in a position to answer them).

Fundraising news
Well done to our Fundraising Team (Glenda, Tanya and Rosemary) for their mighty efforts so far this year in fundraising. The Mountain Bike event catering in April made a profit of approximately $400, and then last month over $900 was raised through the Mother’s Day stall and raffle, plus over $100 from the sale of morning tea at the Cross Country. All money raised through these P&C fundraising activities will go towards resources and projects that benefit our school community, so thank you to all who have supported these events.

Environmental grant working bee
A big thank you also to P&C members Viv Temple, Vanessa Moscat, Rosemary Burrows, Jo Berridge, Kelli Saunderson, Matt Saunderson and Michelle Jackson, who came along last Monday afternoon to help our hardworking gardening duo, Wayne Voss and Shaylene Brock, with the final stage of the revegetation project below the school tennis courts. Lots of shovelling of mulch, planting of trees and good fun was had by all! This “Outdoor Classroom” area has been revegetated through the “Everyone’s Environment” grant received by the school last year.

Black Friday school disco
Don’t forget our first disco for the year will be held next Friday (13th June) in the school hall (5.30-7pm for prep – year 3, 7.15 – 9pm for year 4 - 7. These events cannot operate without parent volunteers so please email P&C at psspandc@hotmail.com if you can be there to help, particularly with the junior disco, where another 4 or 5 parent helpers are needed. Admission costs $5 per child, with food and drinks available for sale.

Tuckshop news
Just a reminder that all lunch orders (first break only) are to be placed at the tuckshop before class starts each morning. Pre-printed lunch order bags are available at the tuckshop if required. Please tell your child that if any item on their lunch order is missing when they receive it, he / she should tell the tuckshop staff straight away.

Don’t forget that gluten-free bread / biscuits / other home baked items are available at the tuckshop, and that parents can purchase Nespresso-style coffee or hot chocolate.

Final call for ordering cotton school uniform shirts!
Any families interested in placing a pre-paid order for cotton school uniform shirts (as an alternative to the standard cotton back polyester ones) are asked to contact P&C by email at psspandc@hotmail.com before the end of this term. These shirts are expected to cost at least $30 - $35 each and a minimum of 3 shirts per size ordered will be required.

OUR NEXT P&C MEETING will be held in the Outside School Hours Care Building at 9am MONDAY 16th JUNE.

All welcome to attend!
Please email any agenda items you would like to have discussed to psspandc@hotmail.com
**ENRICHMENT NEWS**

**ICAS UPDATE**
On Tuesday, a group of students from Years 3 to 7 participated in the ICAS Science Test. (International Competitions and Assessments for Schools) On the 16th and 17th of June, others will have the opportunity to demonstrate their wealth of knowledge in the ICAS Writing and Spelling Tests. Results for the tests will be available in the near future. Entries for the ICAS English and Mathematics Tests are still open and if you would like your child to participate, entry forms are at the office. The cost of each test is $8. Please note that payment for these last two tests is due next week on **Tuesday 10th June**.

**INTER SCHOOL CHESS**
Recently, thirteen boys from Prep to Year 7, represented our school at the Sunshine Coast Interschool Individual Chess Tournament at the Lake Kawana Community Centre. Ethan Druce (6/7SH), Pav Jones (6/7SH), Liam Sylvester (6/7CL), Brayden Forrest (5/6PT), Rhys Bailey (5/6PT), Max Twomey (5/6PT), Lachlan Nelson (4EB), Angus Etheridge (4/5AB), Patrick Hodgins (), Noah Tankey (2SM), Jove Tankey (1KL), Nathan Warburton (PKT) and Angus Kunde (PKT) played to the best of their ability and demonstrated wonderful sportsmanship and pride.
A special mention should be given to Ethan Druce and Pav Jones, who gained 9th and 10th place respectively in the very competitive Open A Division. There were 44 competitors aged between 12 and 17 in this division. Patrick Hodgins received 10th place in the Under 10’s division. There were 98 competitors in this division. In the Under 8’s, Jove Tankey perfomed well to take 10th position in a field of 35. Angus Kunde, one of our talented Prep students who competed on the day, was the youngest player at the tournament. He was four years old and was presented with a lovely chess set as a memento. Thank you to Darrel Forrest and Jen Bailey for helping transport our chess players to Lake Kawana.

**READERS’ CUP**
Last Wednesday, four enthusiastic Year 6 girls participated in the Children’s Book Council of Australia Readers’ Cup at Immanuel Lutheran College in Buderim. The Readers’ Cup challenges students to read widely, work collaboratively in a team and meet other students with an equal passion for books. In this competition, teams of four students read five novels and compete with other schools to answer quiz questions from the books. Congratulations to Tara Long, Caileigh Lutzke, Georgia Linsen and Mikayla Hobden for gaining third place in their heat. Unfortunately they did not progress to the next round; however all of the girls gained a lot from their experience.
Kathy Lavender
Enrichment Teacher

**DATE CLAIMERS!!**

<table>
<thead>
<tr>
<th>JUNE</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Fri 6th</td>
<td>Free dress day – gold coin donation</td>
</tr>
<tr>
<td>Mon 9th</td>
<td>Queens’s Birthday public holiday</td>
</tr>
<tr>
<td>Tues 10th</td>
<td>Payment due for ICAS-English $8 Payment due for ICAS-Maths $8 Book Club orders due</td>
</tr>
<tr>
<td>Wed 11th</td>
<td>Meeting concerning the outsourcing of the OSHVC service - 6pm to 8pm in the school library</td>
</tr>
<tr>
<td>Fri 13th</td>
<td>School disco</td>
</tr>
<tr>
<td>Mon 16th</td>
<td>P&amp;C Meeting 9am in OSHVC building ICAS Writing competition</td>
</tr>
<tr>
<td>Tues 17th</td>
<td>ICAS Spelling competition</td>
</tr>
<tr>
<td>Fri 27th</td>
<td>Last day of Term 2</td>
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<table>
<thead>
<tr>
<th>JULY</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 14th</td>
<td>Term 3 commences</td>
</tr>
<tr>
<td>Tues 29th</td>
<td>ICAS English competition</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>AUGUST</th>
<th></th>
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<tbody>
<tr>
<td>Tues 12th</td>
<td>ICAS Maths competition</td>
</tr>
</tbody>
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**It’s Disco time again!**

**BLACK FRIDAY DISCO!!!**

*When: Friday 13th June*

*What time: Prep to Year 3 from 5.30pm to 7pm Year 4 to Year 7 from 7.15pm to 9pm*

**BLACK FRIDAY theme – feel free to dress up**

**Sausage sizzle, snacks and drinks available**

**Admission $5**

- Sausage sizzle $2
- Lollies 50c – $1
- Chocolates $1 – $2
- Chips $1 – $2
- Plain water $1.50
- Illuminated water bottles $3.50
- Soft drinks $2
- Popcorn cups 50c

Parent volunteers are needed for the night. We need about 8 for each session.

**POMONA OUTSIDE SCHOOL HOURS & VACATION CARE**

Business Hours 6am – 8.30am & 2pm – 6pm

Before School Care (Breakfast supplied) $18 per child and After School Hours Care (Afternoon tea supplied & homework completed) $23 per child

Government Rebates available – Child Care Rebate and Child Care Benefit

Please phone Lisa on 5485 0778 / 0437 000 644 during business hours or leave a message and we will return your phone call as soon as possible.
ICAS TIMETABLE

<table>
<thead>
<tr>
<th>SUBJECT</th>
<th>YEAR</th>
<th>COST</th>
<th>DUE DATE FOR ENTRY PAYMENT</th>
<th>TEST DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing</td>
<td>3 – 7</td>
<td>$17</td>
<td>Entry closed</td>
<td>Monday 16th June</td>
</tr>
<tr>
<td>Spelling</td>
<td>3 – 7</td>
<td>$11</td>
<td>Entry closed</td>
<td>Tuesday 17th June</td>
</tr>
<tr>
<td>English</td>
<td>2 – 7</td>
<td>$8</td>
<td>Tuesday 10th June</td>
<td>Tuesday 29th July</td>
</tr>
<tr>
<td>Maths</td>
<td>2 - 7</td>
<td>$8</td>
<td>Tuesday 10th June</td>
<td>Tuesday 12th August</td>
</tr>
</tbody>
</table>

DOES A TEACHER AT OUR SCHOOL GO ABOVE AND BEYOND IN THEIR CLASSROOM?

A Day Made Better recognises exceptional primary school teachers across the country. Last year, they received 5,700 nominations for over 1,000 inspirational teachers. This year, with your help, they’re aiming to gather 10,000 nominations from every corner of Australia. Every nominated teacher will receive a certificate and gift to acknowledge their incredible contribution. And, if a teacher from our school is chosen as one of 10 winners, they’ll receive $2,000 worth of supplies and an Apple iPad for their classroom.

Support an exceptional teacher today at www.adaymadebetter.com.au

Kind regards,
The A Day Made Better Team

STUDENT ACHIEVEMENTS

Annabelle Graham from 3SL, and her pony Bella, competed at an Interschool show jumping competition at Burpengary on Saturday the 24th May. It was Annabelle’s first ever jumping competition and she was a star. Her goal for the day was to finish a course and Annabelle did that and more. She finished the day with 2 sixth places and a 6th overall in the 50cm Primary division. Annabelle is now off to Wide Bay regionals at Maryborough on the 8th June. Congratulations and good luck Annabelle!!

CONGRATULATIONS TO OUR STUDENTS OF THE WEEK!

23 May

- PLS Harry Glen Praeger
- PKT Rylan Kidd
- 1AP Hayley Watson
- 1KL Tiffany Sauderson
- 2SM Zac Mackellar
- 2/3BB Brock Etheridge
- 3SL Samuel Mattingley
- 3/4GB Denika Kratz
- 4EB Shae Holliday
- 4/5AB Kallen Waretini
- 5/6PT Cloe Evans
- 6/7SH Sophie Chalmers

30 May

- PLS Will Watson
- PKT Damian Franz
- 1AP Jayella Lyons
- 1KL Patience Valenti
- 2SM Justin Jones
- 2/3BB Perle Stone
- 3SL Harlen Elias
- 3/4GB Jace McElhinney
- 4EB Ella Platt
- 4/5AB Zahlie Robson-Suares
- 5/6PT Brayden Forrest
- 6/7SH Aden McGrath

NOOSA DISTRICT CROSS COUNTRY

On May 19th the Noosa District Cross Country trials were held at Kin Kin State School. Pomona State School was well represented by a team of 30 competitors. The Kin Kin course is quite challenging with a long uphill towards the finish followed by a short flat section to the finish line.

Congratulations to all our competitors for representing our school and doing your best on the day.

Above: The 2014 Pomona School District Cross Country Team

POMONA STATE SCHOOL - FREE DRESS DAY Friday 6th June

GOLD COIN DONATION

Every cent raised goes directly to the children’s wards in local hospitals across regional Australia to improve the facilities & services offered to our sick kids.

Each year the generous donations provide these wonderful hospitals with valuable and leading edge equipment that ensure our kids get the best care they deserve.
LEARNED HELPLESSNESS AND SELF-ESTEEM

“I can’t do it.” “I’m dumb, I’ll never be able to read.” “I can’t be bothered, it’s too hard.” “It’s too easy, I’m bored.”

Have you ever heard your child or student say something like this? If it happens a lot, it’s a real problem. It’s called learned helplessness.

What is learned helplessness and what effect does it have?

Learned helplessness occurs when a student gives up trying as a result of consistent failure. It is a common response from students who feel unable to cope with learning expectations. After trying many times to master a skill and failing, they feel like failure is inescapable. Self-esteem plummets.

It’s an attitude that manifests in different ways: negative self-talk when it comes to learning or reading; an assumption that they will never improve at certain skills; displaying a negative view of changeable circumstances.

Learned helplessness is damaging

If you don’t believe you can do something, you won’t bother trying; or maybe you will just make a half-hearted effort. This negative trait will affect everything in your life: academic performance, relationships, job performance and satisfaction. On the other hand, academic success is linked to positive thinking.

What can be done about learned helplessness?

While helplessness is learned, it can be un-learned. Here are some ideas about how to help your child or student:

- **Don’t use negative labels.** Being called “slow,” “stupid,” “lazy,” or “dumb” is devastating for a learner. These sorts of words can do permanent damage.

- **Break larger goals into smaller sub-goals.** If your learner finds maths as a whole overwhelming, focus on a sub-goal such as fractions or percentages. Work on smaller, more achievable goals.

- **Be specific in your praise.** Rather than just saying, “Good on you!”, say “I like the way you kept working on that until you got it right!”

- **Remind them of your support.** Don’t forget to continually remind your student that you are their support hotline. Encourage them to ask constructive questions.

- **Have high but realistic expectations.** Lowered expectations actually have a negative impact—set the bar realistically high to motivate them.

- **Don’t overprotect.** Protect them from fear of failure, not failure itself. Experiencing failure and developing a positive attitude in the face of it is essential to developing a resilient personality.

- **Give choices where possible.** By giving your child or student some choice in their learning—such as where they sit, what they get to eat during a break, or the choice of what TV they can watch as a reward—you increase their feeling of investment and engagement.

- **Encourage physical exercise.** Exercise has all kinds of mental benefits, including boosting motivation.

Don’t give up on learned helplessness

Don’t give up if it takes a while for these traits to diminish so that your child or student experiences the joy that comes from a growth mindset.

HERE’S WHAT WE WANT YOU TO DO:
1. Bring your idea to our stage. Or...
2. Be an active audience member, and share in the World of Possibility.
   Presenters and audience need to register.*

HERE’S HOW IT WORKS (3 HOURS):
The first 2 hours:
50 ideas will be presented by the idea-holders to the audience.
One idea per person. The idea needs to be in its infancy and requires help to progress.
90 seconds per idea (yes, that’s all that’s needed!)
The next hour:
People get to eat, meet and mingle... discuss the ideas... and find their connection.

And this is what it’s all about, Jack!

WHERE:
Tewantin State Primary School.
Enter via Goodwin Street (street parking).

WHEN:
Sunday 22 June 2014.
12 noon to 3 pm.
Arrive from 11 am for parking and registration.

REGISTRATION:
Email: jackintheboxideasfest@gmail.com
or go to our website, to register by 09 June 2014.
If emailing, in your subject box, type - 'I have an idea' or 'I would like to come.'
The idea/contact information from the day will be put onto our website:
www.jackintheboxideasfest.com
Food, drink and beverages on sale.
Thank you, from Team Jack.

*Supported by Mary River Catchment Coordinating Committee.
Sat 7th June: Cooran Acoustic Night keeps the beat in Noosa's creative hinterland.

Warming up the beautiful Cooran Hall for Winter is the much cherished Cooran Acoustic Night on Saturday 7th June.

This long running family friendly event is child friendly, alcohol free and always attracts diverse and entertaining mix of local performers. The last Acoustic Night brought in two knockout local choirs, a swag of first time solo and duo acts, young originals and some captivating covers. An affordable and delicious cafe serves warm drinks, desserts & light meals. Come 7pm SHARP to scrawl your name of the board and be part of the nights showcase... a friendly audience will always applaud! Each performer can play three songs or perform up to 15 minutes. Entry is only $4 (kids free) and includes a ticket in the lucky door prize.  Contact Cooran Acoustic Night on facebook for more info.  See you on the 7th June @ 7pm.
POMONA OUTSIDE SCHOOL HOURS CARE
All Enquiries for Outside School Hours Care, please contact Lisa on 5485 0778 or 0437 000 644
Pomona Outside School Hours & Vacation Care

- Fully Assessed & Rating childcare centre
- Children's Choice Programming
- Active After school sport
- Childcare benefits & Childcare Rebate
- Homework done with staff
- Prep's, Grade Ones & New children collected from class
- Healthy Menu Plan & Food supplied
- Qualified staff

Before School Care $18.00 (Breakfast included)
After School Care $23.00 (Afternoon Tea included)
Vacation Care $56.00 (Morning tea, lunch & afternoon tea included)
Add child care rebate and childcare benefits on top of the prices.

DOES YOUR FAMILY HAVE ANY BOARD GAMES, TOYS OR CHILDREN’S DRESS UP COSTUMES THAT YOU NO LONGER WANT?!!

Pomona State School’s Outside School Hours Care service would gratefully receive any donations of good quality games / toys / costumes for use by children accessing this service.

TRIVIA NIGHT
Saturday 14th June at the COOROY RSL CLUB

ENTRY IS $20 PER PERSON, MEAL INCLUDED.

Blue light disco is on next door from 6.30pm til 9pm. For any children that don’t want to do the TRIVIA night.

THIS IS A CLUB FUNDRAISER
To book a table ring Alicia 0409 632 860 and leave a message
We need payment upfront so the RSL know how many to cater for.
Courtesy bus maybe available.

IT’S NEARLY SHOW TIME
People are already talking about the Sunshine Coast Agricultural Show, scheduled for June 13, 14, 15 at the Nambour Showgrounds. While the title might seem to be more than a mouthful, it is for good reason, the big name reflecting the scale of the Sunshine Coast’s biggest Show. Billed as the largest such event on the Sunshine Coast, the program has built to spectacular proportions with free in-show entertainment starting with the Friday evening International Fireworks Challenge, Saturday night’s Stadium Skyshow Spectacular and Sunday’s Monster Trucks long-jump record attempt.

Lock the dates into your diaries of June 13,14,15 for the Sunshine Coast Agricultural Show and, if you’re keen to save even more on top of the already affordable gate prices, you can pre-purchase tickets for the Show from any Heritage Bank across the region or the Show Office on telephone 07 5441 2766. Also go to the website to find out more about entering the Cookery and Art sections of the Show.
www.sunshinecoastshow.asn.au/schedule.php
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For more details regarding our camps and coaching panels, visit our website australiansports camps.com.au or free call our office on 1300 914 368.

ASC AFL Football Camp Dates
Queensland
• Churchie Grammar School, East Brisbane - 30 June, 1 & 2 July
• Matthew Flinders Anglican College, Sunshine Coast - 7, 8 & 9 July
New South Wales
• University of NSW, Daceyville - 2, 3 & 4 July
• St Josephs College, Hunters Hill - 7, 8 & 9 July
Australian Capital Territory
• Canberra Grammar School, Red Hill - 8, 9 & 10 July

ASC Netball Camp Dates
Queensland
• Hibiscus Sports Complex, Upper Mt Gravatt - 2, 3 & 4 July
• Matthew Flinders Anglican College, Sunshine Coast - 7, 8 & 9 July
New South Wales
• Sydney Olympic Park Sports Hills, Homebush - 30 June, 1 & 2 July
• Bellara Netball Stadium, Miranda - 7, 8 & 9 July
Australian Capital Territory
• Canberra Grammar School, Red Hill - 8, 9 & 10 July

ASC Basketball Camp Dates
Queensland
• Churchie Grammar School, East Brisbane - 30 June, 1 & 2 July
New South Wales
• St Josephs College, Hunters Hill - 7, 8 & 9 July
Australian Capital Territory
• Canberra Grammar School, Red Hill - 8, 9 & 10 July

ASC Hockey Camp Dates
New South Wales
• University of NSW, Daceyville - 2, 3 & 4 July
• Sylvania - 7, 8 & 9 July

ASC Rugby League Camp Dates
Queensland
• Churchie Grammar School, East Brisbane - 30 June, 1 & 2 July
New South Wales
• University of NSW, Daceyville - 2, 3 & 4 July
• Sylvania - 7, 8 & 9 July

For more information or brochures, freecall ASC on 1300 914 368
OR email admin@australianports camps.com.au
OR book online now at australiansports camps.com.au
OR send in the application form on the back of the brochure

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Renee Randall
0448 835 108
ren12@bigpond.com

Tennis Coaching Pomona Tennis Club
MLC Hot Shots Program
Thursday afternoons
Beginners and intermediate
3:30 - 4:15 pm
Advanced 4:15 - 5 pm.
Coaches - Rob Schmitt and Renee Randall
Phone: 0448 835 108

Pomona Early Childhood Centre
"Serving the Pomona Community for 19 years"
Pomona Early Childhood Centre is a long day care service incorporating a Queensland Government approved Kindergarten program, delivered by University Qualified Early Childhood Teachers.
Kindergarten Program: From 8.30am to 4.30pm Monday to Friday.
The centre has flexibility with bookings, particularly with working parents.
The Centre is open from 6.45am to 5.15pm Monday to Friday.
Caters for children from birth to school age. Offers Educational & Developmental Programs.
Achieved an EXCEEDING Rating under the National Quality Standards

For all Enquiries & Bookings
Phone: (07) 548 52755

Zumba

Monday 9.30am – Pomona Memorial Hall
Wednesday 5.30pm – Pomona State School
Cost $10 – Beginners welcome
Instructor – Cathy Tapper
Ph. 0428 161622
Email cathytapper@hotmail.com
www.cathytapper.zumba.com

ABL2 Driving School

Competitive rates
Life skills course
Dual control vehicle
Manual and automatic lessons
1 hour lesson = 3 hours in Logbook

Personal Coaching to assist with Confidence, Behaviour, Communication, Motivation. Goal setting, Resilience & Much More.
For both: at Home & for at School

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"It's always too early to quit"
Clinic in Noosa, Pomona & Available Mobile or Online

Specialised Life Coach & Youth Worker
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Tennis Coaching Pomona Tennis Club
MLC Hot Shots Program
Thursday afternoons
Beginners and intermediate
3:30 - 4:15 pm
Advanced 4:15 - 5 pm.
Coaches - Rob Schmitt and Renee Randall
Phone: 0448 835 108

Be Beautiful Studio
Bec Holliday
Where Uniqueness is created
Call 5449 0338
to book your session today

Where Uniqueness is created
Call 5449 0338
to book your session today
POMONA & DISTRICT KINDERGARTEN
"Our mission is to provide quality early childhood education in a safe, secure, warm & nurturing environment.

Positions are available for the pre-prep group in 2015, for children who are born between 1 July 2010 and 30 June 2011.

Phone: 5485 1381"

“where imagination moves mountains”

The Boutique Room
Exclusive Ladies Fashions & Accessories
Sizes 8 – 28 (S – 6XL)
Nadine Williams
amoessaray4@bigpond.com
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18 Reserve Street, Pomona

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Instructor: Jason
Pomona State School Hall
74 Station St, Pomona
Email: jkplumbing@bigpond.com
Mob: 0409 611 531 Ph/fax: 5442 5760